



July: Stay Cool

Join BHS for this month's Café Series as we take a look at managing difficult issues and decisions away from home.

Webinar: Managing Difficult Discussions in the Workplace

Presented by: *Charlena Patterson, M.S.A., SHRM-SCP*

Wednesday, July 6 @ 1:30 p.m. EST

The goal of facilitating difficult discussions with an employee is to confront an issue before it affects the employee's overall work performance, the work environment and clients. Tune into this webinar as we help you become more comfortable with confronting difficult workplace situations in an effective and timely manner.

Webinar: Dining Out the Healthy Way

Presented by: *Jackie Hill*

Tuesday, July 12 @ 3 p.m. EST

Now more than ever, Americans are spending more money eating meals at restaurants. Coinciding with this trend, obesity rates are skyrocketing. While many of us are aware of the effect of our food choices on our health, many do not realize the long-term ramifications of dining outside the home. Don't miss this webinar to explore how to make responsible and healthy choices when eating away from home.



Here Are Two Easy Ways to Register:

1. Click on this link: <http://goo.gl/yGbRSh>
2. Visit your organization's MyBHS Portal and find the registration link in the "Upcoming Live Webinars" under the "Café Series" tab.

Did You Miss a Live Webinar?

Go to your organizations's MyBHS Portal and click on the "Cafe Series" tab to access past webinars. On-Demand webinars are listed by date and topic.

Take 
time to
tune in.