

café series



by **bhs**

February:

Kindness is Contagious

Join us for this month's Café Series as we focus on personal and professional relationships.

Webinar: Caregiver Support

Presented by: Janet Edmunson, M.Ed.

Wednesday, February 1 @ 1 p.m. EST

Americans are living longer which means many adults are taking on caregiving responsibilities for their loved ones. Caregiving can be both a tough and rewarding experience. Tune into this webinar to learn about how to prepare for caregiving responsibilities and tips for self-care along the way.

Webinar: Respect: The Key to a Healthy Workplace Culture

Presented by: Paul Marciano, PhD

Tuesday, February 14 @ 1 p.m. EST

The workplace is a diverse place, making respect an important part of the culture. Respect impacts trust, communication and collaboration. How can you build a respectful work environment? Tune into this webinar to learn more about how to have an impact and make a positive change in your workplace culture.



Here Are Two Easy Ways to Register:

1. Click on this link: <http://goo.gl/yGbRSh>
2. Visit your organization's MyBHS Portal and find the registration link in the "Upcoming Live Webinars" under the "Café Series" tab.

Did You Miss a Live Webinar?

Go to your organization's MyBHS Portal and click on the "Cafe Series" tab to access past webinars. On-Demand webinars are listed by date and topic.

Take 
time to
tune in.